Grief Support Groups, Camps and Resources in the area

Drew Michael Taylor Foundation Monthly Grief Support Groups - Shippensburg, PA

These groups currently meet from 7-8:30 p.m. at the Timothy House Annex of Messiah UMC, 30 S. Penn St., Shippensburg, PA. There is no cost to attend. *meeting location will change in the summer of 2017 when the DMTF Center for Grieving Families opens in Shippensburg. Contact Marcie Taylor at 532-8922 or drewmichaeltaylor@pa.net if you plan to attend one of these groups.

2nd Thursday of each month – GriefKnits. If you are grieving the death of any loved one, come and learn how to knit with us! Knitting has shown tremendous mental health benefits for grievers. All materials are provided. If you are grieving and already know how to knit or crochet, come join us too!

4th Thursday of each month – Bereaved Parents. For parents/primary caregivers who are grieving the death of a child of any age, infant through adult.

Beyond Grief Support Group - Chambersburg Hospital, Chambersburg, PA

The Beyond Grief Support Group is designed for those who are grieving the death of a loved one.

Free class - No registration required. First & Third Monday of each month, 6:30 to 7:30 pm

For more information: Call Cynde McCallum at (717) 262-4495

https://summithealth.org/classes-events/beyond-grief-support-group

Under the Horizon (UTH) – Gettysburg, PA

UTH offers creative healing for grieving children, families and adults through their Children's Bereavement Art Group and The Gathering Pot programs for grieving families and adults.

The Children's Bereavement Art Group is a no-cost faith-based creative arts program designed to help children, ages 5-15, dealing with numerous types of loss. Meetings are held bi-monthly on Saturday afternoons.

The Gathering Pot is a low-cost faith-based creative arts program designed to help families and adults coping with loss. Family and Adult Events are scheduled bi-monthly on Sat. afternoons.

UTH is located at 2650 Biglerville Rd., Gettysburg, PA. For more information, visit their website at underthehorizon.net or contact Cathleen at <u>Cathleen@underthehorizon.net</u> or 717-752-4593

Sweet Grace Ministries - Chambersburg, PA

Various grief support groups for stillborn and infant loss including an Infant Loss Support Group, a Faith Based Support Group, a Grandparent Support Group and service-oriented groups to support the Sweet Grace Ministries mission like Stitches and Gown Night groups. Infant loss support groups also meet in York, Harrisburg and Schuylkill County.

Meeting times/locations/dates are available on their website at http://sweetgraceministries.com/events/ or contact Katy Dortenzo at 717-830-1016 or sweetgraceministries@gmail.com

Camp Koala - Carlisle, PA

Grief support groups for children and teens and a camp for youth (age 7-12) and teens (age 13-18), who are grieving the death of a parent/primary caregiver in the Carlisle area. Information and applications are available through the Camp Koala website at www.campkoala.org

SpiriTrust Lutheran Home Care and Hospice Bereavement Groups - Chambersburg, PA

Widow to Widow lunch group – meets at the Bonanza restaurant, 1635 Lincoln Way East, Chambersburg PA the second Monday of each month from 11:30-12:30ish. Participants need to pay for their own meal.

Contact Bereavement Coordinators - Kim McCurdy at 717-217-3527 or kmccurdy@spiritrustlutheranhomecare.org to register.

GriefShare – find groups in your area at https://www.griefshare.org/groups/search

GriefShare - King St. United Brethren Church, Chambersburg, PA

13 week Christian-based grief support program – new participants are welcome at any time. Offered each fall (begins the first Wed. of September) and spring (begins the first Wed. in February) from 7-8:30 p.m.

For more information, call the church office at 264-4651.

GriefShare - First United Methodist Church, Chambersburg, PA

Watch a sample GriefShare VIDEO here: http://goo.gl/YroJU1

Questions or register for group, call Gail Vaughn 717-263-8491, ext. 207.

The Compassionate Friends – locations in Gettysburg and Camp Hill, PA and Hagerstown, MD

Self-help support organization whose mission is to assist bereaved families (parent, grandparents and adult siblings) toward the positive resolution of grief following the death of a child of any age and to provide information to help others be supportive. Non-denominational with no particular religious affiliation www.Compassionatefriends.org

TCF Camp Hill Chapter - Church of the Good Shepherd, 3435 Trindle Road, Camp Hill, PA 17011

4th Tuesday of each month, 7:00 - 9:00 PM Contact MaryKay at (717)763-1130 www.TCFCampHill.org

TCF Gettysburg Chapter - Trinity United Church of Christ, 60 E High Street, Gettysburg, PA 17325

4th Monday of each month, 7:00 - 9:00 PM. Contact Tom & Charmaine (717)642-9897

TCF of Hagerstown, Maryland - St. Mark's Lutheran Church, 601 Washington Ave, Hagerstown, MD 21740-4635

1st Wednesday of each month at 7:00 p.m. Contact Wendy (301) 797-7272 or tcfhagerstown@yahoo.com

Carlisle YWCA – 301 G Street, Carlisle PA 17013

Other grief support groups for separation/divorce, trauma, and breast cancer are offered through the YWCA. Learn more at http://ywcacarlisle.org/index.php/support/category/support-groups